

## RECORDS - World Men E-S

Updated 20th April 2009

### OPEN EQUIPPED

WGT	Squat	Bench Press	Deadlift			
52		HONEYCUTT Boyd* - USA (1992)	122.5	INNOCENTI Luigi - ITA (29 May 2005)	155	
56	MELTON Bradley - ENG (5 Jun 1999)	130	LEWANDOWSKI S* - POL (1994)	122.5	TONCU Mario - ITA (11 May 2008)	160
60	GIDEON Aaron - ENG (26 Jul 2008)	160	POLIDO Grégory - FRA (8 Apr 2007)	155	BUZZONNI Claudio - ITA (2002)	175
67.5	GOFFIN Vincent - BEL (2006)	225	PONNIER Joseph* - FRA (1991)	190	SHOCKET Saul - USA (16 Oct 2005)	255
75	MIKOSZ Dean - ENG (22 Nov 1998)	265.5	NUTT Daniel - SWI (25 Oct 2003)	200	NICASTRO Dave - USA (22 Oct 2006)	276.5
82.5	MOCHALOV Andrey - RUS (27 Apr 2007)	300	MARRO Julien - FRA (28 Apr 2007)	200	VERBEKE Beny - BEL (16 Nov 2003)	305.5
90	ABERY Neil - ENG (4 Apr 2009)	283	GREEN Martin - ENG (15 Oct 2005)	216	VERBEKE Beny - BEL (14 May 2006)	320
100	SAUNDERS Matt - ENG (5 Jun 1999)	300	HERBERT Brice - FRA (8 Apr 2007)	285	SAUNDERS Matt - ENG (2001)	335
110	NORTON Mark - ENG (4 Apr 2009)	330.5	WALKER David - USA (11 Oct 2008)	255	HARRIOT Leslie - ENG (1999)	330
125	COLLART Jean-Luc - BEL (2006)	340	BERTRAM John - CAN (25 Aug 2001)	250	LAING Phil - ENG (27 Jul 2008)	305
145	BAKER Audley - ENG (5 Jun 1999)	385	SUSHCHACK Vladimir - RUS (21 Oct 2006)	267.5	BAKER Audley - ENG (16 Jul 2000)	350
145+	STOUDER Dennis - USA (10 Oct 2008)	210	FITZHENRY Dave - IRE (15 Oct 2005)	280	DECHAMPS Fabrice - BEL (2000)	260

### TEENAGE 1 (14-15 yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift			
52		SMET Indi - BEL (11 Oct 2008)	60.5	BUFFA Alessio - ITA (12 Oct 2008)	90	
56		BRZEMYSŁAW Jankowski* - POL (1993)	57.5			
60		FRONT K* - POL (1994)	82.5			
67.5	FRANTAR Zan - SLO (27 Apr 2007)	110	ZWIERS Miki* - USA (1995)	107.5	FRANTAR Zan - SLO (14 Oct 2007)	152.5
75	MIORELLI Stefano - ITA (2002)	125	MAJDANIK Przemyslaw* - POL (1993)	105	BORGERS Sebastien - BEL (3 Jul 1999)	225
82.5		TEYSSANDIER Corentin - BEL (11 Oct 2008)	117.5			
90		PUZIO Grzegorz* - POL (1994)	155			
100						
110						
125	DECHAMPS Sebastien - BEL (10 Oct 2008)	245	DECHAMPS Sebastien - BEL (11 Oct 2008)	130	DECHAMPS Sebastien - BEL (12 Oct 2008)	220
145						
145+						

### TEENAGE 2 (16-17 yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift			
52		GREENE Travis* - USA (1995)	92.5			
56		WYNN Marcus* - USA (1996)	95			
60		CASSEL Earl* - USA (1992)	110			
67.5	VAN_DOOREN Lionel - BEL (2006)	105	SAKALIS Tony* - USA (1992)	125	VAN_DOOREN Lionel - BEL (14 Oct 2006)	180.5
75	MUNDY Harjinder - ENG (12 Oct 2007)	130.5	METZGER Jon* - USA (1996)	153	PUTRINO Eduardo - ITA (12 Oct 2008)	155
82.5	BORGERS Sebastien - BEL (21 Oct 2000)	200	PONLOT Yannick - BEL (9 Oct 2004)	140	McDONAGH Thomas - IRE (29 May 2004)	190
90		STYPULA Dariusz* - POL (1993)	110			
100	TETUA Tehina - FRA (2001)	225	RILEY Ed* - USA (1992)	140	MEEHAN TJ - IRE (16 Oct 2005)	192.5
110	MEEHAN TJ - IRE (3 Jul 2006)	240	MEEHAN TJ - IRE (3 Jul 2006)	115	LYNG Andrew - ENG (2000)	210
125		MALOTTEAU Louis - BEL (2004)	130			
145						
145+						

## RECORDS - World Men E-S

Updated 20th April 2009

### TEENAGE 3 (18-19 yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift		
52		JAIDELSKI Piotr* - POL (1994)	87.5		
56	MELTON Bradley - ENG (5 Jun 1999)	130	110	MELTON Bradley - ENG (1999)	137.5
60	MELTON Bradley - ENG (5 Jun 1999)	130	135	SHEMANSKY Chip* - USA (1995)	145
67.5	JONES Hadley - ENG (12 Oct 2007)	160	152.5	KUCZERA Mariusz* - POL (1993)	185.5
75	HERON Jonathan - IRE (14 Feb 2009)	170	150	PENASSE Tanguy - BEL (11 Oct 2008)	180
82.5	BAYOT Jonathan - BEL (2006)	140	165	STANCZYK Jacek* - POL (1993)	210
90	DUNNE Garreth - IRE (29 May 2004)	200	165	NADOLSKI Zbigniew* - POL (1993)	220
100	DUNNE Garreth - IRE (10 Oct 2004)	200	160	MILEWSKI Adam* - POL (1993)	210
110			205	VAN_NIJLEN Filip - BEL (3 Jul 1999)	250
125	DECHAMPS Jerome - BEL (12 Oct 2007)	280	230	VAN_NIJLEN Filip - BEL (25 Nov 2000)	272.5
145			205	LAKE Matthew* - USA (1996)	
145+					

### JUNIOR (20-23 yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift		
52					
56		SESSA Roberto - ITA (25 Nov 2000)	112.5		
60		DENOYELLE A - FRA (1998)	122.5		
67.5	MINAKOV Ivan - RUS (12 May 2006)	170	135.5	SESSA Roberto - ITA (2002)	172.5
75	KEPENNE Claude - BEL (2006)	170	172.5	FLICK Nathan* - AUS (1996)	242.5
82.5	ABERY Neil - ENG (24 Aug 2001)	270	200	MARRO Julien - FRA (28 Apr 2007)	245
90	BILICAN Ohran - BEL (2000)	260	197.5	BILICAN Ohran - BEL (25 Nov 2000)	266
100	VARDANYAN Sisak - ARM (27 May 2005)	267.5	285	HERBERT Brice - FRA (8 Apr 2007)	240
110	FOSTER David - IRE (14 Feb 2009)	260	195	KLEEFELD Mark - CAN (2001)	252.5
125	DECHAMPS Jérôme - BEL (10 Oct 2008)	290	236	VLAHOVIC Marin - CRO (19 Jun 2004)	225
145			210	VLAHOVIC Marin - CRO (15 Nov 2003)	270
145+					

### MASTER 1 (40-44yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift		
52		RILEY Francis* - USA (1992)	77.5		
56					
60		BROWN Steve - ENG (16 Jul 2006)	95		
67.5	RUSSO Lorenzo - ITA (12 Oct 2007)	200	135.5	RING Ph - FRA (1998)	195
75	RUSSO Lorenzo - ITA (12 May 2006)	220	165	SZABLUK F* - POL (1994)	276
82.5	MELDON Rick - ENG (4 Apr 2009)	265	183	MANDARANO Mark - IRE (3 Jul 2006)	300
90	MELDON Rick - ENG (10 Oct 2008)	282.5	200	JEAN-ALPHONSE Joseph* - FRA (1998)	320
100	RUSSO Antonio - ITA (2002)	280	215	FOMOCHKIN Andrey - RUS (28 Apr 2007)	300
110	NORTON Mark - ENG (4 Apr 2009)	330.5	255	WALKER David - USA (11 Oct 2008)	282.5
125	TIKHANOV Maxim - RUS (10 Oct 2008)	340	250	BERTRAM John - CAN (25 Aug 2001)	305
145	WRIGHT John - SCO (8 Oct 2004)	275	253	BACKELANT Wim - BEL (21 Oct 2006)	
145+			230	POINDEXTER Jack* - USA (1992)	

## RECORDS - World Men E-S

Updated 20th April 2009

### MASTER 2 (45-49yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift
52			
56		GARVEY F* - USA (1992)	TONCU Mario - ITA (10 Oct 2004) 150
60		CORNALI Daniel - FRA (5 Jun 1999)	TONCU Mario - ITA (2004) 165
67.5	WIMMER Michael - GER (9 May 2008) 160	HAYNES Cliff - ENG (27 Jul 2008)	PERRET-GENTIL Joel - FRA (2001) 202.5
75	FLOWER Steve - ENG (1999) 185	HARRIS John* - USA (1995)	TENNIERE Jean - FRA (23 Apr 2006) 240
82.5	LELLOUCHE Elie - FRA (2005) 225	KLOSTERGAARD Jim* - USA (1996)	TROULLIS George - CYP (16 Oct 2005) 275
90	BIANCHI Sergio - ITA (12 Oct 2007) 262.5	LUKA Jan* - POL (1994)	WHYTE Larry - ENG (16 Jul 2006) 258.5
100	PILLING Les - ENG (21 Oct 2000) 285	SMITH David - IRE (3 Jul 2006)	PILLING Les - ENG (25 Nov 2000) 300
110	PILLING Les - ENG (22 Nov 2002) 300	DE_LUCA Loretto - SWI (2001)	PILLING Les - ENG (24 Nov 2002) 300
125	COLLART Jean-Luc - BEL (2006) 340	LINDE Mario - SWI (10 May 2008)	DAVIDSON Hamish - SCO (25 Nov 2000) 280
145	BRUSCO Enrico - ITA (22 Nov 2002) 270	BACKELANT Wim - BEL (10 May 2008)	BRUSCO Enrico - ITA (22 Nov 2002) 250
145+	STOUDER Dennis - USA (10 Oct 2008) 210	BACKELANT Wim - BEL (11 Oct 2008)	235

### MASTER 3 (50-54yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift
52			INNOCENTI Luigi - ITA (16 Nov 2003) 150
56		PORTNOY Phillip* - USA (1995)	TONCU Mario - ITA (11 May 2008) 160
60		SERRA Giampaolo - ITA (2002)	
67.5		GUASS J - FRA (1998)	
75		DESSALVI Antonello - ITA (28 Apr 2007)	NICASTRO Dave - USA (22 Oct 2006) 276.5
82.5	REMY Roger - BEL (8 Oct 2004) 210	DEJARLAIS Brian - CAN (2001)	REMY Roger - BEL (2006) 230.5
90	ZOBACH Georgy - RUS (27 May 2005) 230	LARUE Gerard - FRA (1999)	WHYTE Larry - ENG (14 Oct 2007) 265
100	PUTRINO Salvatore - ITA (10 Oct 2008) 275	FLETT Martin - ENG (5 Apr 2009)	CORDA Luciano - ITA (2002) 280
110	PILLING Les - ENG (27 Apr 2007) 303	ETTING Jeff - USA (2001)	PILLING Les - ENG (15 Jul 2007) 300
125	PILLING Leslie - ENG (12 Oct 2007) 270	CHUROVIA Robert* - USA (1992)	NICOL Alan - ENG (1999) 260
145	NICOL Alan - ENG (6 Jun 1999) 250	SCHULER Gérard - FRA (11 Oct 2008)	NICOL Alan - ENG (6 Jun 1999) 260
145+		JANSEN Don - USA (23 Nov 2002)	210

### MASTER 4 (55-59yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift
52			INNOCENTI Luigi - ITA (29 May 2005) 155
56			
60		MOREIRO Jean-Michel - FRA (10 May 2008)	100
67.5	COLELLA Antonio - ITA (2002) 215	ZWICK Ivan* - USA (1996)	SHOCKET Saul - USA (2002) 247.5
75	ZANETTI Sergio - ITA (2002) 215	MASTRAPASQUA Mauro - ITA (2004)	BEAUVERGER Jacques - FRA (10 Oct 2004) 210
82.5	INGOLD Marcel - SWI (27 Apr 2007) 150	WILLIAMS David - GBR (5 Apr 2009)	MURRAY Roger - AUS (2002) 232.5
90	COX Tom - ENG (8 Oct 2004) 190	MALPELO Elvio - ITA (2002)	MURRAY Roger - AUS (16 Nov 2003) 225
100	ZAKHAROV Oleg - RUS (27 Apr 2007) 235	MARCUS Jack - USA (2001)	LAMBERT Maurice - FRA (6 Jun 1999) 250
110	MORELLI Fernando - ITA (2002) 250	WEST John* - IRE (1997)	WEST John - IRE (2001) 270
125		BRAGG Ronald* - USA (1992)	VANHAVERBEKE Johnny - BEL (10 Oct 2004) 240
145		ROGE Johan - BEL (11 Oct 2008)	155
145+			

## RECORDS - World Men E-S

Updated 20th April 2009

### MASTER 5 (60-64yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift			
52						
56						
60		TIDONA Vincenzo* - FRA (1993)	105			
67.5	COLELLA Antonio - ITA (12 Oct 2007)	200	TIDONA Vincenzo* - FRA (1992)	110	SHOCKET Saul - USA (16 Oct 2005)	255
75	CAMUS-MOLLET Daniel - FRA (2001)	175.5	MASTRAPASQUA Mauro - ITA (9 Oct 2004)	155	CAMUS-MOLLET Daniel - FRA (2001)	212.5
82.5	THEYSSENS Martin - BEL (21 Oct 2000)	135	MALPELO Elvio - ITA (13 Oct 2007)	145	MURRAY Roger - AUS (16 Oct 2005)	220
90			ULRICH Rene - SWI (9 Oct 2004)	145.5	THEYSSENS Martin - BEL (10 Oct 2004)	145
100	CANNIFFE Sean - IRE (10 Oct 2008)	165	ULRICH Rene - SWI (15 Nov 2003)	150	HOWARTH David - ENG (5 Apr 2009)	232.5
110	MORELLI Fernando - ITA (12 Oct 2007)	200	WEST John - IRE (15 Nov 2003)	155	WEST John - IRE (16 Nov 2003)	265
125			BONNEAU Colin - CAN (30 Jun 2008)	227.5		
145			SCHAFFER Donald* - USA (1995)	190		
145+						

### MASTER 6 (65-69yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift			
52						
56						
60						
67.5		VOLKONNEKO Serge* - FRA (1998)	97.5			
75	DUBROV Anatoly - RUS (10 Oct 2008)	155	WALLIS David - ENG (14 Oct 2005)	130	DUBROV Anatoly - RUS (12 Oct 2008)	200
82.5	CABALLEC René - FRA (12 Oct 2007)	170			CABALLEC René - FRA (14 Oct 2007)	175
90	THEYSSENS Martin - BEL (2006)	170	WIEDMER Marcel - SWI (28 Apr 2007)	140	CHAZELLE François - FRA (29 Apr 2007)	250
100	DIEU Noël - BEL (21 Oct 2000)	175	VOLPIS Roberto - ITA (13 Oct 2007)	150		
110			ZAPPA Gerard - BEL (3 Jul 1999)	153	DIEU Noël - BEL (2000)	190
125						
145						
145+						

### MASTER 7 (70-74yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift			
52						
56						
60						
67.5		TIDONA Vincenzo - FRA (2000)	115	TIDONA Vincenzo - FRA (2000)	180	
75	MARSHALL Derek - ENG (5 Jun 1999)	150	HUCHET Marc - FRA (11 Oct 2008)	112.5	GARCIA René - FRA (2005)	192.5
82.5	LAZARIDI Georgiy - RUS (12 Oct 2007)	190	CHABEAU Pascal - FRA (11 Oct 2008)	122.5		
90			MILLER John* - ENG (21 Nov 1998)	87.5		
100			MERTENS Rene - BEL (9 Oct 2004)	140		
110	BORTNAK John - CAN (2001)	20	MERTENS Rene - BEL (2004)	140	BORTNAK John - CAN (2001)	120
125			DAVIS Roger* - USA (1995)	130		
145						
145+						

## RECORDS - World Men E-S

Updated 20th April 2009

### MASTER 8 (75-79yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift			
52						
56						
60		CLUER Ron* - ENG (22 Jul 1995)	60			
67.5	TIDONA Vincenzo - FRA (10 Oct 2008)	145.5	TIDONA Vincenzo - FRA (8 Apr 2007)	90	TIDONA Vincenzo - FRA (11 May 2008)	175
75			CHARBIT Andre - FRA (11 Oct 2008)	100		
82.5	LAZARIDI Georgiy - RUS (10 Oct 2008)	180				
90						
100			MERTENS René - BEL (11 Oct 2008)	137.5		
110						
125						
145						
145+						

### MASTER 9 (80-84yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift			
52						
56		SIMEONE Edmund* - USA (1995)	50			
60						
67.5		SEE Paul - FRA (2004)	92.5	CLUER Ron - ENG (5 Jun 1999)	95	
75	VANSTONE Trevor - AUS (2 Aug 2008)	52.5	VANSTONE Trevor - AUS (2 Aug 2008)	50	VANSTONE Trevor - AUS (2 Aug 2008)	100
82.5						
90						
100						
110						
125						
145						
145+						

### MASTER 10 (85-89yrs) EQUIPPED

WGT	Squat	Bench Press	Deadlift			
52						
56						
60						
67.5	SEE Paul - FRA (14 Oct 2005)	110	SEE Paul - FRA (15 Oct 2005)	85	SEE Paul - FRA (16 Oct 2005)	110
75						
82.5						
90			LEE Charles - USA (21 Oct 2006)	97.5	LEE Charles - USA (22 Oct 2006)	130
100						
110						
125						
145						
145+						

### M/P/F EQUIPPED

WGT	Squat	Bench Press	Deadlift			
52						
56						
60						
67.5						
75	SOUTHERN Casey - USA (2004)	195	SOUTHERN Casey - USA (15 Nov 2003)	155	BAMFORD Andy - ENG (2 Apr 2005)	235
82.5	MOCHALOV Andrey - RUS (27 Apr 2007)	300	TEMPEST Phil - ENG (15 Jul 2007)	150	MOCHALOV Andrey - RUS (29 Apr 2007)	270
90	COLELLA Giovanni - ITA (12 Oct 2007)	255	COLELLA Giovanni - ITA (13 May 2006)	175	WHEAL Ryan J - ENG (12 Oct 2008)	266
100	SAUNDERS Matt - ENG (5 Jun 1999)	300	SAUNDERS Matt - ENG (25 Aug 2001)	212.5	SAUNDERS Matt - ENG (2001)	335
110	GEITNER Alexander - GER (27 Apr 2007)	240	WALKER David - USA (11 Oct 2008)	255	GEITNER Alexander - GER (29 Apr 2007)	290
125	DIETLE John - USA (14 Nov 2003)	310	DIETLE John - USA (15 Nov 2003)	187.5	LAING Phil - ENG (27 Jul 2008)	305
145						
145+						