

RECORDS - World Men U-P

Updated 20th April 2009

OPEN UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total				
52	CROWLEY Barry (2002) IRE	115	NGUYEN Doan* (1993) USA	110	CROWLEY Barry (2002) IRE	160	CROWLEY Barry (2002) IRE	342.5
56	PREPELITA Vladimir (2008) MOL	135	HIGGINS Fred* (1992) USA	132.5	GAVIGAN Justin (2007) IRE	185	FORBES Brian (2008) IRE	400
60	BROWN Stephen (2008) ENG	150	GUTTERIDGE Alan* (1991) ENG	145	BROWN Stephen (2008) ENG	207.5	BROWN Stephen (2008) ENG	447.5
67.5	VEACELAV Cristov (2003) MDA	202.5	CONYERS Tony* (1996) USA	182.5	FORD Stuart (2009) ENG	252.5	FORD Stuart (2009) ENG	572.5
75	MELDON Rick (1999) IRE	215	BEAVERS Martin* (1990) USA	185	RAHMANI Abd-Erahmane (2006) ENG	260	MELDON Rick (1999) IRE	577.5
82.5	BONNER Andy (2008) ENG	237.5	JOSEPH Mike (2001) ENG	193.5	MOCHALOV Andrey (2006) RUS	283	BONNER Andy (2008) ENG	657.5
90	SERVOTTE Geoffry (2006) BEL	262.5	McAULIFFE Joe* (1996) USA	208	SHAW Ian RA (2009) GBR	291	CAPOZZI Lou (1999) USA	717.5
100	BOYHAM Philip (2008) ENG	273	RENNERT Casey (1992) USA	220	FENNELLY James (2007) IRE	315	MARSHALL Simon (2009) ENG	750
110	PILLING Les (2002) ENG	300	RIGBY Andy (1994) ENG	221	FENNELLY James (2008) IRE	322.5	O'CONNELL James (2007) IRE	772.5
125	DIETLE John (2002) USA	275.5	LEIATO Tony* (1995) USA	230	PIPE Matthew (2009) ENG	320	SUTTON Pete (2005) WAL	760
145	SUSHCHACK Vladimir (2006) RUS	305	MOORE Beau* (1995) USA	250	HAYDOCK Mark (2007) ENG	332.5	SUTTON Peter (2008) WAL	807.5
145+	DELEON Richard (2008) USA	315	MOORE Beau* (1996) USA	250	FITZHENRY Dave (2006) IRE	292.5	FITZHENRY Dave (2005) IRE	810

TEENAGE 1 (14-15 yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total				
52	PREPELITA Vladimir (2007) MDA	107.5	PREPELITA Vladimir (2007) MDA	70	PREPELITA Vladimir (2007) MDA	140	PREPELITA Vladimir (2007) MDA	312.5
56	WALLACE Jacob (2006) USA	107.5	ZIELINSKI Logan (2008) USA	87.5	WALLACE Jacob (2006) USA	140	WALLACE Jacob (2006) USA	312.5
60	DEWALT James (1999) USA	107.5	MAZUR Kamil* (1999) POL	105	DEWALT James (1999) USA	155	DEWALT James (1999) USA	330
67.5	BELL Darren (2007) SCO	145	BELL Darren (2007) SCO	86	BELL Darren (2007) SCO	187.5	BELL Darren (2007) SCO	415
75	WHITCOMB Colton (2008) USA	137.5	HARLOW Ben* (1996) USA	92.5	DE_HAAN Curtis (2006) AUS	200	DE_HAAN Curtis (2006) AUS	407.5
82.5	De_HAAN Curtis (2007) AUS	175	BRADSHAW Laurence (2006) ENG	110	De_HAAN Curtis (2007) AUS	240	De_HAAN Curtis (2007) AUS	515
90	BRADSHAW Laurence (2006) ENG	162.5	STEVENS John* (1995) USA	125	BRADSHAW Laurence (2006) ENG	227.5	BRADSHAW Laurence (2006) ENG	492.5
100	DUNCAN Daniel (2008) USA	115	DUNCAN Daniel (2008) USA	100	DUNCAN Daniel (2008) USA	115	DUNCAN Daniel (2008) USA	325
110			BALL Andre* (1997) USA	97.5				
125	DECHAMPS Sebastian (2007) BEL	180	DECHAMPS Sebastian (2007) BEL	92.5	DECHAMPS Sebastian (2007) BEL	205	DECHAMPS Sebastian (2007) BEL	462.5
145								
145+								

TEENAGE 2 (16-17 yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total				
52	SANDERS Ashley (2008) ENG	105	JAIDELSKI Piotr* (1993) POL	80	SANDERS Ashley (2008) ENG	140	SANDERS Ashley (2008) ENG	305
56	PREPELITA Vladimir (2008) MOL	135	CURATOLO Dominic* (1997) USA	107.5	AIKMAN JNR David (2009) SCO	163	PREPELITA Vladimir (2008) MOL	377.5
60	CANNINGS Alistair (2008) ENG	140	KEMPF Jesse* (1997) USA	110	CANNINGS Alistair (2008) ENG	170	CANNINGS Alistair (2008) ENG	392.5
67.5	WALLACE Jacob (2008) USA	160	MONGOMERY Jason (1997) USA	105	BELL Darren (2008) SCO	201	BELL Darren (2008) SCO	447.5
75	WALLACE Caleb (2007) USA	175	WALTERS John* (1995) USA	140	WALLACE Caleb (2007) USA	220	WALLACE Caleb (2007) USA	495
82.5	BIGGIN Jonathan (2006) SCO	165	BIGGIN Jonathan (2006) SCO	130	BIGGIN Jonathan (2006) SCO	220	BIGGIN Jonathan (2006) SCO	515
90	DE_HAAN Curtis (2008) AUS	190	MEAUX Kevin (2008) USA	125	DE_HAAN Curtis (2008) AUS	270	DE_HAAN Curtis (2008) AUS	582.5
100	MEEHAN TJ (2005) IRE	200	BECKER Brian* (1996) USA	145	MEEHAN TJ (2005) IRE	205	MEEHAN TJ (2005) IRE	507.5
110	MEEHAN TJ (2006) IRE	170	STEVENS John* (1996) USA	145	DI_MARTINO Mattia (2005) ITA	240	DI_MARTINO Mattia (2005) ITA	520
125			SHARPE Aaron* (1994) CAN	120				
145	CRUM Andrew (2008) USA	182.5	CRUM Andrew (2008) USA	115	CRUM Andrew (2008) USA	182.5	CRUM Andrew (2008) USA	480
145+								

TEENAGE 3 (18-19 yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total				
52			WADHWA Ankur* (1996) USA	87.5				
56	HOBART Nick (1999) USA	92.5	WYNN Marcus (1997) USA	92.5	HOBART Nick (1999) USA	132.5	HOBART Nick (1999) USA	315
60	SANDERS Ashley (2009) ENG	120	WYNN Marcus* (1998) USA	107.5	DOYLE Cathal (2008) IRE	170	MCQUILLAN Shane (2008) IRE	380
67.5	VEACELAV Cristov (2003) MDA	202.5	KUCZERA Mariusz* (1993) POL	150	VEACELAV Cristov (2003) MDA	215	VEACELAV Cristov (2003) MDA	505
75	PROGUNOV Vitaly (2008) RUS	175	KUCZERA Mariusz (1994) POL	155	PROGUNOV Vitaly (2008) RUS	245	PROGUNOV Vitaly (2008) RUS	535
82.5	JENKIN Steve (2003) ENG	215	DEXTER Andrew* (1994) CAN	145.5	DEXTER Andrew (1994) CAN	260	DEXTER Andrew (1994) CAN	607.5
90	BECK Travis (1999) USA	210	WATSON Brent (1999) USA	165	LE_CRAS Brett (2008) ENG	265	PHILLIPS Harry (2008) ENG	572.5
100	O'DONNELL Kevin (2006) GBR	180	MONTAGUE Patrick* (1998) CAN	145	O_HARE Paul (2009) IRE	230	VICKERY Andy (2009) GBR	517.5
110	MEEHAN TJ (2007) IRE	210.5	BALIS Matt* (1992) USA	182.5	CARTER George (2006) ENG	235	LA_ROCK Mitchell (2008) USA	562.5
125	DECHAMPS Jerome (2006) BEL	210	CATHCART Jonathon (2009) IRE	145	DECHAMPS Jerome (2007) BEL	265	DECHAMPS Jerome (2007) BEL	605
145	CASTLEBERRY Jeremy (2004) USA	200	LAKE Matthew (1996) USA	202.5	CASTLEBERRY Jeremy (2004) USA	237.5	CASTLEBERRY Jeremy (2004) USA	592.5
145+			RICHARDS Ernie* (1997) USA	165				

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MASTER 8 (75-79yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total				
52								
56								
60	SMITH Steve (2008) USA	60	SMITH Steve (2008) USA	75	SMITH Steve (2008) USA	120	SMITH Steve (2008) USA	255
67.5	TIDONA Vincenzo (2007) FRA	105	TIDONA Vincenzo (2007) FRA	75	TIDONA Vincenzo (2007) FRA	150	TIDONA Vincenzo (2007) FRA	330
75	TARRAN Ed (2003) ENG	100	BENNER Harrison* (1996) USA	85	TARRAN Ed (2003) ENG	175	TARRAN Ed (2003) ENG	335
82.5								
90								
100								
110								
125								
145								
145+								

MASTER 9 (80-84yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total				
52								
56								
60		CLUER Ron* (1996) ENG	57.5					
67.5		CLUER Ron* (1997) ENG	57.5					
75								
82.5								
90								
100								
110								
125								
145								
145+								

MASTER 10 (85-89yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
52				
56				
60				
67.5				
75				
82.5				
90				
100				
110				
125				
145				
145+				

M/P/F UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total				
52								
56		KHAN Mo* (1991) ENG	90					
60		KHAN Mo (1995) ENG	80					
67.5	COLE Sean (2009) ENG	170	McCONNELL Scott (2007) IRE	142.5	COLE Sean (2009) ENG	240	COLE Sean (2009) ENG	527.5
75	WILKINSON Steve (2007) ENG	197.5	SOUTHERN Casey (2002) USA	137.5	WILKINSON Steve (2008) ENG	245	FLEMING Mark (2008) ENG	570
82.5	MOCHALOV Andrey (2006) RUS	225	MC AFFER Glynn (2009) GBR	157.5	MOCHALOV Andrey (2006) RUS	283	MOCHALOV Andrey (2006) RUS	630
90	HARRISON Colin (2009) ENG	212.5	FLETCHER Mark (2009) ENG	170	MACKIE Chris (2005) ENG	280	HARRISON Colin (2009) ENG	630
100	WALLACE Derek (2008) USA	260	WALLACE Derek (2007) USA	172.5	VOWLES Jules (2006) ENG	292.5	WALLACE Derek (2008) USA	680
110	DAVIES Mark (2005) WAL	235	DAVIES Mark (2003) WAL	175	DAVIES Mark (2005) WAL	275	DAVIES Mark (2005) WAL	675
125	DIETLE John (2002) USA	275.5	LAING Phil (2009) ENG	180	LAING Phil (2008) ENG	310	LAING Phil (2009) ENG	730
145	PEARSON Alan (2008) ENG	225	PEARSON Alan (2008) ENG	195	PEARSON Alan (2008) ENG	285	PEARSON Alan (2008) ENG	705
145+	EDWARDS Sterling (2004) USA	205	EDWARDS Sterling (2004) USA	137.5	EDWARDS Sterling (2004) USA	180	EDWARDS Sterling (2004) USA	522.5

RECORDS - World Womens P-U

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OPEN UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total				
44	GEDNEY Judith (2005) USA	92.5	GEDNEY Judith* (1991) USA	70	GEDNEY Judith (2008) USA	113.5	GEDNEY Judith (2005) USA	250
47.5	GEDNEY Judith (2004) USA	95	SMITH Suzanne* (1992) ENG	82.5	LOOMES Julie (1999) AUS	120	GEDNEY Judith (2004) USA	257.5
50.5	ZARUBINA Natalia (2006) RUS	105	SMITH Suzanne* (1993) ENG	85	ZARUBINA Natalia (2006) RUS	130	ZARUBINA Natalia (2006) RUS	300
53	LOZANO Rose (2006) FRA	102.5	BLINDT Annette (1991) ENG	87.5	LOZANO Rose (2003) FRA	145	LOZANO Rose (2006) FRA	305
55.5	LOZANO Rose (2001) FRA	105	BLINDT Annette* (1992) ENG	87.5	FOX Louise (2008) ENG	160	FOX Louise (2009) ENG	320
58.5	BULLUS Yolanda (2008) ENG	107.5	ALTIZER Betina* (1991) USA	102.5	ISAAC Helen (2006) ENG	150	ISAAC Helen (2005) ENG	305
63	FREEMANTLE Jordana (2008) ENG	132.5	FARALDO Catherine (1992) USA	82.5	FREEMANTLE Jordana (2008) ENG	175	FREEMANTLE Jordana (2008) ENG	377.5
70	FREEMANTLE Jordana (2007) ENG	135	PIERCE Jackie* (1989) USA	105	FREEMANTLE Jordana (2007) ENG	172.5	STUMPFIVA Petra (2006) IRE	380
80	ANDERSON Mary (2008) SCO	160	OJANEN Betsy* (1996) USA	115	ANDERSON Mary (2009) SCO	195	ANDERSON Mary (2009) SCO	432.5
90	SAUSSOIS Gladys (2007) FRA	137.5	TODD Jasmine (2008) USA	97.5	SAUSSOIS Gladys (2006) FRA	197.5	SAUSSOIS Gladys (2007) FRA	427.5
90+	SAUSSOIS Gladys (2008) FRA	150	REGAN Cyndi* (1992) USA	130	SAUSSOIS Gladys (2008) FRA	210	SAUSSOIS Gladys (2008) FRA	472.5

TEENAGE 1 (14-15) yrs UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total				
44		HART Mary* (1997) USA	32.5					
47.5		GREENTHAL Kate* (1996) USA	35					
50.5								
53								
55.5	STEED Mary (2007) AUS	55	SARRIS Maria* (1995) USA	50	STEED Mary (2007) AUS	110	STEED Mary (2007) AUS	202.5
58.5	DERMELEVA Daria (2008) EST	55	MANGOLD Alyssa (2008) USA	30	DERMELEVA Daria (2008) EST	80	DERMELEVA Daria (2008) EST	160
63	BOBBIO Jessica (2005) ITA	95	CHAPMAN Crystal* (1995) USA	57.5	STEED Mary (2008) AUS	130	BOBBIO Jessica (2005) ITA	242.5
70		HOUSER Alexia* (1995) USA	55					
80	SUTTON Paris (2008) USA	82.5	SPARKS Amber* (1997) CAN	70	SUTTON Paris (2008) USA	92.5	SUTTON Paris (2008) USA	217.5
90		SPARKS Amber* (1996) CAN	60					
90+								

TEENAGE 2 (16-17) yrs UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total				
44		BROST Shae* (1996) USA	42.5					
47.5	LAMBETH Chloe (2008) ENG	77.5	BROST Shae* (1997) USA	47.5	LAMBETH Chloe (2008) ENG	110	LAMBETH Chloe (2008) ENG	225
50.5		BODLAK Melanie* (1996) USA	50					
53		HELMICK Natscha* (1997) USA	42.5					
55.5		BODLAK Melanie* (1997) USA	60					
58.5		SARRIS Maria* (1996) USA	52.5					
63	BUSHMIRE Beth (1999) USA	100	PITTMAN Megan (1998) USA	57.5	FREEBURN Kirstie M (2009) GBR	120	FREEBURN Kirstie M (2009) GBR	255
70	HANNON Roisin (2009) IRE	60	WILLAN Emma* (1993) ENG	70	HANNON Roisin (2009) IRE	110	HANNON Roisin (2009) IRE	202.5
80	BENNETT Gabrielle (2009) ENG	100	EISENBERG Erin N* (1995) USA	77.5	BENNETT Gabrielle (2009) ENG	127.5	BENNETT Gabrielle (2009) ENG	280
90	BEACHLER Lisa (1999) USA	107.5	BEACHLER Lisa (1999) USA	90	BEACHLER Lisa (1999) USA	137.5	BEACHLER Lisa (1999) USA	332.5
90+	EASLEY Erin (1999) USA	102.5	EASLEY Erin (1999) USA	65	EASLEY Erin (1999) USA	110	EASLEY Erin (1999) USA	277.5

TEENAGE 3 (18-19) yrs UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total				
44								
47.5		LINDBERG Carley* (1995) USA	47.5					
50.5		GLINES Amber* (1997) USA	45					
53	BODLAK Melanie (1999) USA	82.5	BLISSET Tanya (1997) USA	82.5	BODLAK Melanie (1999) USA	112.5	BODLAK Melanie (1999) USA	242.5
55.5		BLISSET Tanya* (1997) USA	82.5					
58.5		TOLLEFSEN Jill* (1997) USA	68					
63		COLLAR Sarah* (1992) USA	77.5					
70	FORDE Sarah (2008) IRE	70	WILLAN Emma* (1994) ENG	75	FORDE Sarah (2008) IRE	90	FORDE Sarah (2008) IRE	200
80	REBMAN Chelsea (2007) USA	140	REBMAN Chelsea (2007) USA	65	REBMAN Chelsea (2007) USA	135	REBMAN Chelsea (2007) USA	335
90	TAYLOR Jessica (2009) ENG	80	EISENBERG Erin N* (1996) USA	80	TAYLOR Jessica (2009) ENG	135	TAYLOR Jessica (2009) ENG	267.5
90+		KIRIAKI Lisa* (1996) USA	80					

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JUNIOR (20-23 yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44				
47.5		WILSON Fiona* (1995) AUS	50	
50.5	ZARUBINA Natalia (2006) RUS	ZARUBINA Natalia (2006) RUS	65	ZARUBINA Natalia (2006) RUS
53				
55.5	TOSUNLAR Olivia (2009) ENG	BROWN-DIXON Samora* (1994) USA	65.5	TOSUNLAR Olivia (2009) ENG
58.5		Schultz Rea C* (1999) USA	87.5	
63	GOODSON Natalie (2000) USA	TAKA Rae_Lee (2000) NZL	80	WATTON Louise (2009) GBR
70	FREEMANTLE Jordana (2007) ENG	FREEMANTLE Jordana (2007) ENG	75	FREEMANTLE Jordana (2007) ENG
80	HOPEWELL Rebecca (2009) GBR	GOFFIN Nicole* (1997) NZL	85	HOPEWELL Rebecca (2009) GBR
90	GOUAILHARDOU Jennifer (2009) IRE	GOUAILHARDOU Jennifer (2009) IRE	62.5	GOUAILHARDOU Jennifer (2009) IR
90+	SULLIVAN Stacy (2001) AUS	SULLIVAN Stacy (2001) AUS	82.5	SULLIVAN Stacy (2001) AUS

MASTER 1 (40-44yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44	LOOMES Julie (2000) AUS	LOOMES Julie (2000) AUS	52.5	LOOMES Julie (2000) AUS
47.5	LOOMES Julie (1999) AUS	KOVALCHIK Paula* (1996) USA	70	LOOMES Julie (1999) AUS
50.5	LOOMES Julie (2001) AUS	REULLON Helene* (1991) FRA	60	LOOMES Julie (2001) AUS
53	LOZANO Rose (2002) FRA	ELWYN Susan* (1992) USA	70	LOZANO Rose (2002) FRA
55.5	LOZANO Rose (2001) FRA	KEEBLE Gerriel* (1994) USA	70	LOZANO Rose (2001) FRA
58.5	SMITH Orla (2007) IRE	BRADY Sandy* (1992) USA	70.5	SMITH Orla (2007) IRE
63	MANGOLD Lisa (2008) USA	BUREAU Martine* (1990) FRA	75	MANGOLD Lisa (2008) USA
70	GOLDING Melanie (2004) ENG	BUREAU Martine (1992) FRA	75	GOLDING Melanie (2004) ENG
80	ANDERSON Mary (2008) SCO	ANDERSON Mary (2009) SCO	95	ANDERSON Mary (2009) SCO
90				
90+		REGAN Cyndi* (1992) USA	130	

MASTER 2 (44-49yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44	FLANAGAN Imelda (2009) GBR	GEDNEY Judith* (1990) USA	67.5	FLANAGAN Imelda (2009) GBR
47.5		CHERBONNEL Marie* (1992) FRA	76	
50.5	LOOMES Julie (2003) AUS	CHERBONNEL Marie* (1993) FRA	77.5	LOOMES Julie (2003) AUS
53	LOZANO Rose (2006) FRA	RASOR Sue* (1994) USA	72.5	LOZANO Rose (2006) FRA
55.5	LOZANO Rose (2007) FRA	LOZANO Rose (2006) FRA	62.5	LOZANO Rose (2007) FRA
58.5		DAVIS Pamela* (1994) USA	75	
63	GOLDING Melanie (2008) ENG	BOURDON Veronique (2006) FRA	80	BOURDON Veronique (2007) FRA
70	GOLDING Melanie (2005) ENG	GOLDING Melanie (2005) ENG	67.5	GOLDING Melanie (2005) ENG
80	RICHARDS Kerryn (2008) AUS	GILL Bernice* (1995) USA	67.5	RICHARDS Kerryn (2008) AUS
90	RICHARDS Kerryn (2007) AUS	RICHARDS Kerryn (2007) AUS	62.5	RICHARDS Kerryn (2007) AUS
90+	McGEE Angie (2004) USA	REGAN Cyndi (1995) USA	115	McGEE Angie (2004) USA

MASTER 3 (50-54yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	Total
44		GEDNEY Judith* (1991) USA	70	
47.5		GEDNEY Judith* (1992) USA	67.5	
50.5	LOOMES Julie (2008) AUS	GUINARD Marie* (1993) FRA	65	LOOMES Julie (2008) AUS
53	LOOMES Julie (2007) AUS	SULLIVAN Sue* (1996) USA	67.5	LOOMES Julie (2007) AUS
55.5	McGRATH Judy (2006) AUS	ELWYN Susan* (1997) USA	65	McGRATH Judy (2006) AUS
58.5		TRICHOT Maryse (1991) FRA	42.5	
63	DEACON Lynn (2000) ENG	KOSTADINOS Helen (1998) AUS	67	GUYOT Brigitte (2003) FRA
70	BURR Carol (2008) USA	BURR Carol (2008) USA	77.5	BURR Carol (2008) USA
80	MACER Debbie (2008) AUS	DUNCAN Karen* (1995) USA	82.5	MACER Debbie (2008) AUS
90	WRIGHT Judy (2001) AUS	WRIGHT Judy (2001) AUS	60	WRIGHT Judy (2001) AUS
90+				

