

## RECORDS - World Womens S-U

Updated 20th April 2009

### OPEN UNEQUIPPED

WGT	Squat	Bench Press	Deadlift			
44	GEDNEY Judith - USA (14 Oct 2005)	90	DEBACKER Ghylaine - FRA (8 Apr 2007)	57.5	GEDNEY Judith - USA (14 Oct 2007)	117.5
47.5	GEDNEY Judith - USA (2002)	95	CHERBONNEL Marie* - FRA (1992)	75	GEDNEY Judith - USA (10 Oct 2004)	116
50.5	LABRUYERE Emilie - FRA (2003)	85	SERVAJEAN Martine - FRA (2005)	87.5	LASSER WALT Michaela - SWI (29 Apr 2007)	125.5
53	MARINOVA Mariyana - BUL (8 Oct 2004)	102.5	TAUBMANN Heidi* - FRA (1996)	87.5	MARINOVA Mariyana - BUL (10 Oct 2004)	152.5
55.5	MARINOVA Mariyana - GER (9 May 2008)	102.5	FOLLIN Laurence - FRA (2003)	102.5	FOX Louise - ENG (5 Apr 2009)	165
58.5	WUYTS Helen - BEL (10 Oct 2008)	110	FOLLIN Laurence - FRA (2004)	102.5	GUYOT Brigitte - FRA (2001)	151
63	McCANN Vicky - SCO (16 Jul 2000)	117.5	MCMAHON Shari* - USA (1996)	102.5	ESPOSITO Concetta - ITA (29 May 2005)	160
70	STUMPFOVA Petra - IRE (12 May 2006)	130	STUMPFOVA Petra - IRE (13 May 2006)	92.5	FRANCE Julien - FRA (16 Oct 2005)	152.5
80	ANDERSON Mary - SCO (4 Apr 2009)	150	ARGENTINO Angelique - BEL (2002)	103	ANDERSON Mary - SCO (5 Apr 2009)	190
90	MARTIN Cathy - USA (2002)	130	SAUSSOIS Gladys - FRA (8 Apr 2007)	100	SAUSSOIS Gladys - FRA (29 Apr 2007)	202.5
90+			MAHONY Anita - IRE (5 Jun 1999)	105	SAUSSOIS Gladys - FRA (12 Oct 2008)	190

### TEENAGE 1 (14-15) yrs UNEQUIPPED

WGT	Squat	Bench Press	Deadlift			
44						
47.5						
50.5		WILLOCK Shauna* - USA (1996)	42.5			
53	DERMELEVA Daria - EST (10 Oct 2008)	65				
55.5		DERMELEVA Daria - EST (11 Oct 2008)	25	DERMELEVA Daria - EST (12 Oct 2008)	75	
58.5		PITTMAN Megan* - USA (1996)	45			
63		BRAU Tania - ITA (13 May 2006)	65			
70		BARON Stephanie* - FRA (1993)	65			
80	BENNETT Gabrielle - ENG (10 Oct 2008)	77.5	BENNETT Gabrielle - ENG (11 Oct 2008)	46	BENNETT Gabrielle - ENG (27 Jul 2008)	113
90		McCALL Jessica* - USA (16 Jul 1996)	57.5			
90+		BAJAK Honorata* - POL (1994)	37.5			

### TEENAGE 2 (16-17 yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift			
44		DESMET Cindy* - BEL (1996)	42			
47.5						
50.5		BAUDIN Angélique - FRA (28 Apr 2002)	55			
53		CECCARELLI Francesca - ITA (2002)	55			
55.5		PEUJFFE Natalie - FRA (1993)	50			
58.5	WUYTS Helen - BEL (10 Oct 2008)	110	WUYTS Helen - BEL (11 Oct 2008)	60	WUYTS Helen - BEL (12 Oct 2008)	150
63	FORDE Sarah - IRE (4 Jun 2005)	60	BRAU Tania - ITA (28 Apr 2007)	60	FORDE Sarah - IRE (4 Jun 2005)	85
70		LAMBERT Marie-Laure - BEL (9 Oct 2004)	42.5	LAMBERT Marie-Laure - BEL (10 Oct 2004)	120	
80	BENNETT Gabrielle - ENG (4 Apr 2009)	100	BERTOLLO Valeria - ITA (2000)	57.5	BENNETT Gabrielle - ENG (5 Apr 2009)	125
90					TAYLOR Jessica - ENG (12 Oct 2008)	112.5
90+						

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### TEENAGE 3 (18-19 yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift			
44		PHILIPPE Mona - POL (1993)	35			
47.5		WASIAK Hona* - POL (1993)	35			
50.5		BAUDIN Angélique - FRA (2004)	60			
53		SUROWIC Monika* - POL (1994)	45			
55.5		TREBEOTTE Laurence* - FRA (1992)	85			
58.5						
63		FARRELLY Jade - AUS (3 Aug 2008)	55			
70		SIDOR Kamila* - POL (1993)	60			
80						
90	TAYLOR Jessica - ENG (4 Apr 2009)	80	KLUCH Adrianna* - POL (1994)	65.5	TAYLOR Jessica - ENG (5 Apr 2009)	140
90+						

### JUNIOR (20-23 yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift			
44						
47.5						
50.5	LABRUYERE Emilie - FRA (2003)	85	FRAILEY Misti* - USA (1995)	67.5	LABRUYERE Emilie - FRA (2003)	125
53			CARPENTER Heidi* - USA (1996)	82.5	SPERANDI Marzia - ITA (2004)	117.5
55.5	MAGANES Gabriella - ITA (9 May 2008)	70	TY Pamela* - USA (1996)	70	MAIRE Laurence - FRA (27 Apr 2002)	120
58.5			COLAS Karine - FRA (2005)	55	BALDINI Alice - FRA (29 May 2005)	122.5
63			MARTONE Bernnedetta - ITA (2002)	77.5	DUBOIS Helene - FRA (14 Oct 2007)	140
70	SOARDO Eleonora - ITA (10 Oct 2008)	90	ZILKE Kimberley - ENG (14 Jul 2007)	60	PRADETTO Marina - ITA (2002)	120
80			DUYOLS Sandya - BEL (10 Sep 2004)	65	BALLY Laurance - SWI (25 Mar 2006)	130
90						
90+						

### MASTER 1 (40-44yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift			
44						
47.5						
50.5						
53	WATSON Lesley - ENG (1999)	47.5	WATSON Lesley - ENG (1999)	65	DE_LORENZO Eugenia - ITA (2002)	110
55.5	MURRAY Pauline - IRE (14 Feb 2009)	75	RABANAL Isabelle - FRA (13 May 2006)	62.5	MURRAY Pauline - IRE (12 Oct 2008)	115
58.5	SMITH Orla - IRE (5 Apr 2008)	77	SMITH Orla - IRE (5 Apr 2008)	47.5	SMITH Orla - IRE (5 Apr 2008)	110
63	SMITH Orla - IRE (14 Feb 2009)	60	REYNES Cécile - FRA (11 Oct 2008)	96	SMITH Orla - IRE (14 Feb 2009)	117.5
70	GOLDING Melanie - ENG (22 Nov 2002)	115	BRADLEY Manon - ENG (11 Oct 2008)	81	GOLDING Melanie - ENG (22 Nov 2002)	150
80	ANDERSON Mary - SCO (4 Apr 2009)	150	KUSHNIR Tetyana - UKR (11 Oct 2008)	90	ANDERSON Mary - SCO (5 Apr 2009)	190
90			SEGAL Yulia - RUS (13 Oct 2007)	67.5		
90+			WOMACK Diana* - USA (1995)	65		

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### MASTER 2 (44-49yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift			
44		MONTANO Mara - ITA (13 May 2006)	47.5			
47.5		CHERBONNEL Marie* - FRA (1992)	75			
50.5		SERVAJEAN Martine - FRA (2005)	87.5			
53	LOOMES Julie - AUS (20 Oct 2006)	85	TAUBMANN Heidi* - FRA (1996)	87.5	LOOMES Julie - AUS (22 Oct 2006)	122.5
55.5			TAUBMANN Heidi* - FRA (1997)	90.5		
58.5			LAUNAY Dominique - FRA (1998)	73	GUYOT Brigitte - FRA (2001)	145
63	GOLDING Melanie - ENG (26 Jul 2008)	105	BOURDON Veronique - FRA (8 Apr 2007)	77.5	BOURDON Veronique - FRA (2003)	147.5
70	HOLLINGSWORTH Heather - ENG (2000)	80	GADIO Giovanna - ITA (15 Nov 2003)	50	HOLLINGSWORTH Heather - ENG (8 Apr 2000)	110
80	MACER Debbie - AUS (20 Oct 2006)	105	SHEPHERD Eiko* - USA (1995)	102.5	MACER Debbie - AUS (22 Oct 2006)	140
90			SEGAL Yulia - RUS (11 Oct 2008)	70	SCHAEFS Martine - BEL (2002)	140
90+						

### MASTER 3 (50-54yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift			
44						
47.5		BOULLE Lilliane* - FRA (1996)	50			
50.5	LOOMES Julie - AUS (4 Aug 2008)	75	LOOMES Julie - AUS (4 Aug 2008)	50	LOOMES Julie - AUS (4 Aug 2008)	115
53			PANIER Daniele - FRA (23 Apr 2006)	57.5		
55.5			TAUBMANN Heidi* - FRA (1998)	91.5		
58.5			MOUGIN Agnes - FRA (10 May 2008)	67.5	GUYOT Brigitte - FRA (2001)	151
63			BOURDON Veronique - FRA (11 Oct 2008)	75.5	GUYOT Brigitte - FRA (2000)	150
70			LAREE Christine M - FRA (2003)	60		
80			TSUKANOVA Natalya - UKR (11 Oct 2008)	80	TSUKANOVA Natalya - UKR (12 Oct 2008)	140
90			COURTOIS Louissette - FRA (2002)	87.5		
90+			COURTOIS Louissette - FRA (2001)	90		

### MASTER 4 (55-59yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift			
44		DEBACKER Ghylaine - FRA (8 Apr 2007)	57.5	REEVES Pat - ENG (2 Apr 2005)	95	
47.5			GEDNEY Judith* - USA (1996)	60		
50.5						
53						
55.5	PHILLIPS Jennifer - AUS (20 Oct 2006)	80	PHILLIPS Jennifer - AUS (21 Oct 2006)	45	PHILLIPS Jennifer - AUS (22 Oct 2006)	90
58.5					GUYOT Brigitte - FRA (12 Oct 2008)	125
63			ZACHARKO Natalia - AUS (3 Aug 2008)	75	GUYOT Brigitte - FRA (11 May 2008)	120
70	KOSTADINOS Helen - AUS (21 Oct 2000)	107.5	CASTANELLE Dianne - AUS (21 Oct 2006)	47.5	CASTANELLE Dianne - AUS (22 Oct 2006)	110
80	TSUKANOVA Natalya - UKR (10 Oct 2008)	120				
90			COURTOIS Louissette - FRA (2004)	85		
90+			COURTOIS Louissette - FRA (2005)	90		

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### MASTER 5 (60-64yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift
44			REEVES Pat - ENG (16 Jul 2006)
47.5	GEDNEY Judith - USA (2002)	95	GEDNEY Judith - USA (2001)
50.5			REEVES Pat - ENG (26 Jul 2008)
53			37.5
55.5			REEVES Pat - ENG (12 Oct 2008)
58.5			
63	KOSTADINOS Helen - AUS (20 Oct 2006)	110	KOSTADINOS Helen - AUS (21 Oct 2006)
70			62.5
80			KOSTADINOS Helen - AUS (22 Oct 2006)
90			
90+			135

### MASTER 6 (65-69yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift
44	GEDNEY Judith - USA (14 Oct 2005)	90	GEDNEY Judith - USA (13 Oct 2007)
47.5	GEDNEY Judith - USA (10 Oct 2008)	86	GEDNEY Judith - USA (15 Oct 2005)
50.5			45
53			GEDNEY Judith - USA (14 Oct 2007)
55.5			GEDNEY Judith - USA (12 Oct 2008)
58.5			
63			
70			SAGE Maureen - ENG (9 Oct 2004)
80			50
90			SAGE Maureen - ENG (10 Oct 2004)
90+			100

### MASTER 7 (70-74yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift
44			
47.5			
50.5			
53			
55.5			
58.5			
63			
70			SAGE Maureen - ENG (4 Apr 2009)
80			45.5
90			SAGE Maureen - ENG (27 Jul 2008)
90+			91

### MASTER 8 (75-79yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift
44			
47.5			
50.5			
53			
55.5			
58.5			
63			
70			
80			VANSTONE Valda - AUS (5 Aug 2007)
90			35
90+			

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### MASTER 9 (80-84yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift	
44				
47.5				
50.5				
53				
55.5				
58.5	RODDA Margaret - AUS (20 Oct 2006)	55 RODDA Margaret - AUS (21 Oct 2006)	25 RODDA Margaret - AUS (22 Oct 2006)	95
63				
70				
80				
90				
90+				

### MASTER 10 (85-89yrs) UNEQUIPPED

WGT	Squat	Bench Press	Deadlift
44			
47.5			
50.5			
53			
55.5			
58.5			
63			
70			
80			
90			
90+			

### M/P/F UNEQUIPPED

WGT	Squat	Bench Press	Deadlift				
44							
47.5							
50.5		PINNA_CORDA Adrianna - ITA (10 May 2008)	52.5				
53	DI_BARTOLOMEO Irene - ITA (27 Apr 2007)	87.5	DI_BARTOLOMEO Irene - ITA (12 Oct 2008)	142.5			
55.5		DI_BARTOLOMEO Sara - ITA (10 May 2008)	57.5	THOMAS Ann - ENG (14 Oct 2007)	132.5		
58.5	DI_ROCCA Scheila - ITA (27 Apr 2007)	90	DI_ROCCA Scheila - ITA (10 May 2008)	70	THOMAS Ann - ENG (5 Apr 2009)	130	
63				THOMAS Ann - ENG (27 Jul 2008)	141		
70				ZILKE Kimberly - ENG (10 May 2008)	62.5	THOMAS Ann - SCO (27 May 2005)	100
80							
90	MARTIN Cathy - USA (2002)	130	MARTIN Cathy - USA (1995)	90	MARTIN Cathy - USA (2002)	160	
90+							