

BRITISH DRUG FREE POWERLIFTING ASSOCIATION
British Single Lift Championships 2007
Bradford - 15/07/2007

Squat

		W.Cl.	U/E	Competitor Name		age	cat	B.W.	Result	4th Lift	POINTS
1	1	67.5kg	U	Tommy MEREDITH	SW	50	M3	67.5	172.5	WR	125.201
2	1	67.5kg	U	Hadley JONES	EC	17	T2	65.7	135	WR	100.427
3	2	67.5kg	U	Harjinder MUNDY	WM	17	T2	66.9	120		87.804
1	1	75kg	U	Hussain PATEL	WM	17	T2	71	137.5	WR	95.5213
1	1	82.5kg	U	Graham EDWARDS	SW	48	M2	79	160	NR	102.208
1	1	110kg	U	Les PILLING	NW	52	M3	108.9	240		129.072
1	1	145kg	U	Mark HAYDOCK	NW	32	Open	129.1	292.5	NR	150.959
2	2	145kg	U	Andy VARLEY	NW	39	Open	136.9	240		121.632
1	1	110kg	E	Mark NORTON	NE	42	M1	106.1	307.5	WR	166.634
2	1	110kg	E	Les PILLING	NW	52	M3	108.9	275		147.895

Bench

w	1	1	55.5kg	U	Claire WILKINSON	SW	37	Open	54.8	45		41.7465
w	2	2/1	55.5kg	U	Ann THOMAS	EC	28	Open/MPF	55.2	45		41.499
w	1	1	70kg	U	Sue BULLOCK	EM	38	Open	64.2	75	NR	60.9525
w	2	1	70kg	U	Manon BRADLEY	EM	40	M1	66.4	75	NR	59.235
w	3	1/1	70kg	U	Kimberley ZILKE	EC	23	Jnr/MPF	63.1	60	WR	49.476
w	4	1	70kg	U	Maureen SAGE	EC	69	M6	68.7	47.5		36.4895
1	1	67.5kg	U	Tommy MEREDITH	SW	50	M3	67.5	120	WR	87.096	
2	1	67.5kg	U	Michael DALDRY	WM	16	T2	64	88	NR	66.7188	
3	2	67.5kg	U	Harjinder MUNDY	WM	17	T2	66.9	87.5	NR	64.0238	
4	3	67.5kg	U	Hadley JONES	EC	17	T2	65.7	70		52.073	
1	1	75kg	U	Rasheed PATEL	WM	45	M2	73.2	125	127.5 NR	84.675	
2	1	75kg	U	Josh O'BOYLE	WM	16	T2	73.4	80	NR	54.08	
1	1	82.5kg	U	Mike JOSEPH	EC	35	Open	82.3	185		114.756	
2	1	82.5kg	U	Maxwell HERD	SE	23	Jnr	77.6	152.5	ER	98.7133	
3	1	82.5kg	U	Peter LINNETT	NM	43	M1	76.2	142.5		93.5228	
4	2/1	82.5kg	U	Phil TEMPEST	NE	36	Open/MPF	79.1	140	WR	89.348	
5	1	82.5kg	U	Graham EDWARDS	SW	48	M2	79	137.5		87.835	
6	1	82.5kg	U	Troy TREVASKIS	SW	19	T3	79.3	130	NR	132.5 NR	82.81
7	2	82.5kg	U	Phil CORRIGAN	NW	19	T3	78.2	127.5	NR	82.059	
8	2	82.5kg	U	Matt COX	SW	22	Jnr	76.9	122.5		79.8333	
9	3	82.5kg	U	Jamie WEBSTER	WM	30	Open	80.3	120		75.744	
10	1	82.5kg	U	Luis LOPES	WM	71	M7	77.7	80	NR	82.5 NR	51.736
1	1	90kg	U	Daniel PERCIVAL	WM	22	Jnr	86.7	160	WR	95.856	
2	1/1	90kg	U	Lee PARKIN	NM	27	Open/MPF	86.7	150	WR	89.865	
3	1	90kg	U	Mick CARRIDINE	WM	44	M1	89.2	150	NR	88.275	
4	2	90kg	U	Brian MILLS	WM	35	Open	88.3	145		85.869	
5	1	90kg	U	Larry WHYTE	WM	50	M3	84	130		79.521	
6	1	90kg	U	David JOHN	WAL	56	M4	88.8	107.5		63.4358	
7	1	90kg	U	John FULTON	EC	80	M9	89	105	WR	61.8765	
8	1	90kg	U	Deri LEWIS	WAL	69	M6	87.6	95	NR	56.544	
---		90kg	U	Phil BAKER	EM	48	M2/MPF	88.1	---		---	
1	1	100kg	U	Andy RIGBY	NW	45	M2	91.2	190	NR	110.352	
2	1/1	100kg	U	Neil THOMAS	EC	35	Open/MPF	98.9	172.5	WR	96.048	
3	1	100kg	U	Martin FLETT	NM	51	M3	98.2	157.5	NR	87.9795	
4	1	100kg	U	Marc GILES	NM	42	M1	97.5	150		84.075	

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		W.Cl.	U/E	Competitor Name		age	cat	B.W.	Result	4th Lift	POINTS	
5	2	100kg	U	Khaldoun KABBANI	NE	32	Open	99.5	150		83.295	
6	3	100kg	U	Steve BULLIMORE	EM	35	Open	100	150		83.1	
7	4/2	100kg	U	Mark HAINES	SE	33	Open/MPF	91	145		84.3175	
8	2	100kg	U	Martin O'GRADY	WM	46	M2	92.6	135		77.733	
9	3	100kg	U	David MEREDITH	SW	48	M2	96.4	135		76.086	
10	5	100kg	U	Steve VINCENT	SW	32	Open	96.2	132.5		74.7565	
11	6	100kg	U	Lee MAYES		25	Open	98	130		72.683	
1	1	110kg	U	Rob MONTGOMERY	NW	38	Open	107.3	182.5		98.5683	
2	2	110kg	U	John HAYNES	NM	34	Open	110	175		93.8875	
3	3	110kg	U	George BEEVERS	NE	25	Open	101.6	150		82.56	
4	4	110kg	U	John WALKER	NW	39	Open	109.2	150		80.625	
5	1	110kg	U	Les PILLING	NW	52	M3	108.9	140		75.292	
1	1	125kg	U	Matt GOODWIN	NM	36	Open	116.6	175		92.75	
2	2	125kg	U	Graham ALWAY	SW	34	Open	110.1	145		77.778	
1	1	145kg	U	Chris BAKER	NE	32	Open	130.8	218	ER	111.795	
2	1	145kg	U	Haydn ROWLANDS	NM	51	M3	136.1	200	WR	101.54	
3	2	145kg	U	Andy VARLEY	NW	39	Open	136.9	175		88.69	
4	3	145kg	U	Mark HAYDOCK	NW	32	Open	129.1	172.5		89.0273	
1	1	75kg	E	Rasheed PATEL	WM	45	M2	73.5	140	NR	94.528	
1	1	82.5kg	E	Mike JOSEPH	EC	35	Open	82.5	185		114.571	
2	2/1	82.5kg	E	Phil TEMPEST	NE	36	Open/MPF	78.8	150	WR	95.985	
1	1	90kg	E	Mick CARRIDINE	WM	44	M1	89.9	175	NR	102.498	
2	1	90kg	E	Tony CRUMP	SE	32	Open	89	157.5		92.8148	
1	1	100kg	E	Martin GREEN	EM	33	Open	99.3	240	NR	133.392	
2	2/1	100kg	E	Neil THOMAS	EC	35	Open/MPF	99.4	202.5	WR	112.489	
3	1	100kg	E	Martin FLETT	NM	51	M3	98.4	185	WR	103.249	
4	1	100kg	E	Marc GILES	NM	42	M1	98.9	157.5		87.696	
1	1	110kg	E	Les PILLING	NW	52	M3	110	180		96.57	
	---	110kg	E	Mark NORTON	NE	42	M1	106.5	---		---	
1	1	125kg	E	Graham ALWAY	SW	34	Open	110.9	140		74.956	
Deadlift												
w	1	1	47.5kg	U	Pat REEVES	WM	61	M5	47.1	100	ER	104.94
w	1	1/1	55.5kg	U	Ann THOMAS	EC	28	Open/MPF	54.5	131	WR	121.147
w	1	1	70kg	U	Sue BULLOCK	EM	38	Open	64.2	120		97.524
w	2	1	70kg	U	Maureen SAGE	EC	69	M6	68.9	90		68.994
w	1	1/1	55.5kg	E	Ann THOMAS	EC	28	Open/MPF	54.5	131	WR	121.147
1	1	67.5kg	U	Tommy MEREDITH	SW	50	M3	67.1	200	WR	145.94	
2	1	67.5kg	U	Hadley JONES	EC	17	T2	65	180	WR	135.252	
3	2	67.5kg	U	Michael DALDRY	WM	16	T2	65.3	155		115.956	
4	1	67.5kg	U	John MCGATHAN	NW	19	T3	66.3	142.5	NR	105.122	
5	3	67.5kg	U	Harjinder MUNDY	WM	17	T2	66.5	130		95.641	
1	1	75kg	U	David TAYLOR	WM	46	M2	69	210	NR	149.499	
2	1	75kg	U	Josh O'BOYLE	WM	16	T2	73.8	185	NR	124.505	
3	2	75kg	U	Hussain PATEL	WM	17	T2	70.8	180	NR	125.352	
4	2	75kg	U	Rasheed PATEL	WM	45	M2	73.5	180		121.536	
	---	75kg	U	Gary MUNKS	NE	38	Open	73.2	---		---	

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1	1	82.5kg	U	Daniel SELMI	EM	24	Open	81.2	245		153.419
2	2/1	82.5kg	U	Colin HARRISON	NW	31	Open/MPF	82.4	240	NR	148.752
3	1	82.5kg	U	Rahul KUMAR	NE	20	Jnr	75.7	217.5		143.485
4	1	82.5kg	U	Phil CORRIGAN	NW	19	T3	78.5	215		137.987
5	3	82.5kg	U	David LOEBELL	SE	39	Open	82.5	207.5		128.505
6	1	82.5kg	U	Graham EDWARDS	SW	48	M2	79	200		127.76
7	2	82.5kg	U	Gary WHITBREAD	WAL	47	M2	80.1	185		116.994
8	2	82.5kg	U	William DUFFIELD	SE	23	Jnr	80	182.5		115.504
1	1	90kg	U	Larry WHYTE	WM	50	M3	84.1	250		152.8
2	1	90kg	U	Russell BAIN	NW	39	Open	84	245		149.867
3	1	90kg	U	Darlow LLOYD	WAL	62	M5	88.8	190		112.119
4	1	90kg	U	Eddie BENNET	NE	69	M6	89	190	WR	111.967
1	1	100kg	U	Ben FRANCE	NW	33	Open	94.8	252.5		143.546
2	2	100kg	U	Jamie ALLONBY	NE	29	Open	90.9	245		142.566
3	1	100kg	U	Marc GILES	NM	42	M1	98.9	245	NR	136.416
1	1	110kg	U	Les PILLING	NW	52	M3	110	282.5	WR	151.561
2	1	110kg	U	Paul GILLARD	EM	30	Open	104.5	280		152.488
3	2	110kg	U	David ANDERSON	WM	29	Open	107.1	260		140.504
4	3	110kg	U	Mark EAGER	SW	37	Open	103.8	250		136.475
5	1	110kg	U	Simon MANSELL	SW	47	M2	101.6	245		134.848
6	1	110kg	U	Andrew ARCHER	NW	41	M1	106.2	220		119.174
1	1/1	125kg	U	Phil LAING	NM	43	M1/MPF	121	300	WR	157.8
1	1	145kg	U	Mark HAYDOCK	NW	32	Open	128.9	312.5	WR	161.344
2	2	145kg	U	Chris BAKER	NE	32	Open	130.9	290		149.031
3	3	145kg	U	Andy VARLEY	NW	39	Open	137.9	272.5		137.803
1	1	90kg	E	Larry WHYTE	WM	50	M3	84.1	240		146.688
2	1	90kg	E	Tony CRUMP	SE	32	Open	89	240		141.432
1	1	100kg	E	Derek COPE	EM	49	M2	100	230		127.42
1	1	110kg	E	Les PILLING	NW	52	M3	110	300	WR	160.95
2	1	110kg	E	Mark NORTON	NE	42	M1	106.5	272.5		147.504
3	1	110kg	E	Mark EAGER	SW	37	Open	103.8	270		147.393

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W.Cl. **U/E** **Competitor Name** **age cat** **B.W.** **Result** **4th Lift** **POINTS**

Best Lifters:

Men, unequipped, SQUAT

1st Mark HAYDOCK: 150.95925 Points
2nd Les PILLING: 129.072 Points
3rd Tommy MEREDITH: 125.2005 Points

Men, equipped, SQUAT

1st Mark NORTON: 166.63425 Points
2nd Les PILLING: 147.895 Points
3rd :

Women, unequipped, BENCH PRESS

1st Sue BULLOCK: 60.9525 Points
2nd Manon BRADLEY: 59.235 Points
3rd Kimberley ZILKE: 49.476 Points

Men, unequipped, BENCH PRESS

1st Mike JOSEPH: 114.7555 Points
2nd Chris BAKER: 111.795 Points
3rd Andy RIGBY: 110.352 Points

Men, equipped, BENCH PRESS

1st Martin GREEN: 133.392 Points
2nd Mike JOSEPH: 114.5705 Points
3rd Neil THOMAS: 112.48875 Points

Women, unequipped, DEADLIFT

1st Ann THOMAS: 121.147 Points
2nd Pat REEVES: 104.94 Points
3rd Sue BULLOCK: 97.524 Points

Women, equipped, DEADLIFT

1st Ann THOMAS: 121.147 Points
2nd :
3rd :

Men, unequipped, DEADLIFT

1st Mark HAYDOCK: 161.34375 Points
2nd Phil LAING: 157.8 Points
3rd Daniel SELMI: 153.419 Points

Men, equipped, DEADLIFT

1st Les PILLING: 160.95 Points
2nd Mark NORTON: 147.50425 Points
3rd Mark EAGER: 147.393 Points