

IRISH DRUG FREE POWERLIFTING ASSOCIATION
Irish Single Lift Championships 2003
Galway City Gym, Galway - 20/09/2003

Bench		W.Cl.	U/E	Competitor Name		age	cat	B.W.	Result	4th Lift	POINTS
w	1	1	58.5kg	U	Orla SMITH	Navan	36	Open	58.2	40	35.3
w	1	1	63kg	U	Della MILBOURNE	Coan	31	Open	63	52.5	43.3493
w	1	1	70kg	U	Mary LOVETT	Galway	40	M1	66	40	31.752
	1	1	52kg	U	Barry CROWLEY	Macroor	28	Open	51.1	67.5	65.556
	1	1	60kg	U	Lorcan O'NEILL	Macroor	17	T2	56.4	85	73.78
	2	1	60kg	U	Wayne CULLY	Meath	19	T3	56.9	82.5	70.9253
	3	1	60kg	U	Billy FARRELL	Coan	14	T1	60	75	60.96
	1	1	75kg	U	Noel Snr DUNNE	Coan	43	M1	73.5	130	87.776
	2	1	75kg	U	Billy HINEY	Offaly	21	Jnr	72.9	120	81.564
	3	1	75kg	U	Liam DUNNE	Coan	18	T3	74.2	95	63.6595
	4	1	75kg	U	James SCOTT	Navan	14	T1	67.7	55	39.8145
	1	1	82.5kg	U	Maurice ROCHE**	Tralee	28	Open	80.3	170	107.304
	2	1	82.5kg	U	Sean ROUSE	Wicklow	41	M1	80	145	91.7705
	3	1	82.5kg	U	John WRIGHT	Dublin	20	Jnr	80.1	135	85.374
	4	1	82.5kg	U	Noel Jnr DUNNE	Coan	16	T2	79.8	100	63.41
	5	2	82.5kg	U	Jim DUNNE	Coan	21	Jnr	82.4	100	61.98
	1	1	90kg	U	Mark LANE	England	43	M1	90	145	84.8685
	2	1	90kg	U	Eddy O'BRIEN	ACE	37	Open	86.5	140	84
	3	1	90kg	U	Alan GUING	Kildare	22	Jnr	88.6	140	82.74
	4	2	90kg	U	Tony LEITCH	Bearcav	37	Open	86	137.5	82.8025
	5	1	90kg	U	Murty KELLY	Coan	55	M4	86.4	127.5	76.551
	6	3	90kg	U	Paul HOUSTON	Bearcav	29	Open	86.8	125	74.825
	7	4	90kg	U	John SHANNON	Clare	30	Open	89.9	120	70.284
	1	1	100kg	U	Mark FITZGERALD	Hercules	40	M1	96	170	96.016
	2	1	100kg	U	Dan MILBOURNE	Coan	31	Open	95.5	140	79.282
	3	2	100kg	U	Joe KELLY	Coan	35	Open	98.4	135	75.3435
	4	3	100kg	U	Gerry HOSTY	Clare	38	Open	98	110	61.501
	1	1	110kg	U	James ROSSITER	Coan	27	Open	104.4	100	54.48
	1	1	125kg	U	Dave GRIFFIN**	Carlow	22	Jnr	113.7	170	90.542
	2	1	125kg	U	Stephen FAGAN**	Wicklow	19	T3	112.2	120	64.08
	3	1	125kg	U	Eddie BYRNE	Coan	24	Open	124.3	115	60.03
	1	1	145kg	U	Dave FITZHENRY	Carlow	35	Open	144	210	104.79
	1	1	67.5kg	E	Roy SCOTT	Navan	41	M1	67.3	107.5	78.2385
	1	1	75kg	E	Mark MANDARANO	Portlaois	37	Open	74.5	142.5	95.19
	2	1	75kg	E	Tony PIERCE	Macroor	44	M1	72.1	100	68.59
	1	1	82.5kg	E	Mike BUTLER	Clare	24	Open	80.1	137.5	86.955
	1	1	90kg	E	Ken HEANEY**	Galway	29	Open	87	180	107.604

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2	2	90kg	E Tony LEITCH	Bearcav 37	Open	86	150		90.33
3	1	90kg	E Patrick BROGAN	Omagh 48	M2	88.1	145		85.985
4	3	90kg	E Darren WYNNE	Galway 28	Open	88.8	140		82.614
5	4	90kg	E Paul HOUSTON	Bearcav 29	Open	86.8	130		77.818
1	1	100kg	E Gerry HOSTY	Clare 38	Open	98	112.5		62.8988

All international records are unofficial and cannot be claimed

(** drug tested; WR/ER/NR - World/European/National Records: * Age class Record/† MPF Record)

Best Lifters:

Women, unequipped, BENCH PRESS

1st Della MILBOURNE: 43.34925 Points

2nd Orla SMITH: 35.3 Points

3rd Mary LOVETT: 31.752 Points

Men, unequipped, BENCH PRESS

1st Maurice ROCHE: 107.304 Points

2nd Dave FITZHENRY: 104.79 Points

3rd Mark FITZGERALD: 96.016 Points

Men, equipped, BENCH PRESS

1st Ken HEANEY: 107.604 Points

2nd Mark MANDARANO: 95.19 Points

3rd Tony LEITCH: 90.33 Points

Organiser(s): Tony McCaffrey
Anita Mahony

Referees: Marie Crowley
Barry Crowley
Joe Kelly

Scorekeeper(s): Anita Mahony

Eddy O'Brien
Roy Scott

Spotter/loaders: Tony McCaffrey
Des Carr

Drug Tester(s): Mark Lane
Barry Crowley