

IRISH DRUG FREE POWERLIFTING ASSOCIATION
Irish Powerlifting Championships 2003
Navan - 5/04/2003

		W.Cl.	U/E	Competitor Name		age	cat	B.W.	Squat	Bench	Deadl.	TOTAL	POINTS	
Single Lifts														
w	---	58.5kg	U	Orla SMITH	Navan	36	Open	57.1	0	37.5	85	---	---	
w	---	58.5kg	U	Amanda CARTHY	Meath		Open	58.5	0	47.5	0	---	---	
w	---	70kg	U	Fiona LOUGHRAN	Meath		Open	66.3	0	52.5	100	---	---	
w	---	70kg	U	Orla O'NEILL	Meath		Open	66.8	0	37.5	105	---	---	
w	---	+90kg	U	Anita MAHONY	Galway	36	Open	118.4	0	100	0	---	---	
	---	52kg	U	Wayne CULLY	Meath	19	T3	49.6	0	70	0	---	---	
	---	75kg	U	Kevin OBRIEN	Meath	13	13	73.1	0	42.5	0	---	---	
	---	100kg	U	Tommy HOLMES	Meath		Open	92.9	0	110	200	---	---	
	---	100kg	U	Mark FITZGERALD	Hercules	40	M1	95.4	0	165	0	---	---	
	---	75kg	E	Tony PIERCE	Macroom	44	M1	72.5	0	100	0	---	---	
Full Powerlift														
w	1	1	70kg	E	Ann MCBRIEN**	NI		Open	63.9	80	55	120	255	208.055
	1	1	56kg	U	Barry CROWLEY	Macroom	28	Open	52.9	110	70	155	335	312.488
	1	1	67.5kg	U	Brian WALSH	Cork		Open	65.3	120	70	180	370	276.797
	2	1	67.5kg	U	Peter VAN MERKOM	NI	23	Jnr	66.9	100	110	160	370	270.729
	3	1	67.5kg	U	James SCOTT	Navan	14	T1	63.1	85	47.5	105	237.5	183.564
	1	1/1	75kg	U	Noel Snr DUNNE	Coan	43	Open/M1	72.9	175	135	200	510	346.647
	2	1	75kg	U	Billy HINEY	Offaly	23	Jnr	73.1	115	120	180	415	281.453
	3	2	75kg	U	Sean DUNNE			Open	74.6	130	115	140	385	256.911
	4	1	75kg	U	Liam DUNNE	Coan	18	T3	74.5	135	85	150	370	247.16
	5	3	75kg	U	James KAVANAGH	ACE	37	Open	74.3	90	60	170	320	214.208
	1	1	82.5kg	U	Fergus BATES	Wexford		Open	82.5	182.5	120	225	527.5	326.681
	2	2	82.5kg	U	Trevor COEN	Drogheda		Open	82.5	180	125	212.5	517.5	320.488
	3	3	82.5kg	U	Barry BROWNE	Wexford		Open	79.7	150	130	200	480	304.656
	4	1	82.5kg	U	Shay RYAN	Wexford	20	Jnr	82.5	160	110	210	480	297.264
	5	4	82.5kg	U	Stephen MOLONEY	Dublin	30	Open	82.1	160	100	185	445	276.523
	6	1	82.5kg	U	Noel Jnr DUNNE	Coan	16	T2	78.8	110	92.5	130	332.5	212.767
	1	1	90kg	U	Mark LANE	England	42	Open	89.4	212.5 WR*	145	270	627.5	368.782
	2	2	90kg	U	Darren WYNNE	Galway		Open	87.3	180	130	220	530	316.145
	1	1	100kg	U	Karl SEXTON	Wexford	35	Open	93.1	185	142.5	245	572.5	328.615
	2	2	100kg	U	Daniel BYRNE**	Dublin		Open	94.5	150	130	210	490	279.006
	3	3	100kg	U	Joe KELLY	Coan	34	Open	96.6	167.5	130	182.5	480	270.24
	1	1	110kg	U	Dave GRIFFIN**	Carlow	22	Jnr	107.2	180	150	200	530	286.306
	2	1	110kg	U	Stephen FAGAN	Wicklow	19	T3	107.9	145	105	210	460	248.032
	3	1	110kg	U	James ROSSITER		26	Open	105.8	115	100	140	355	192.552
	1	1	125kg	U	Loughlin GANNON**	Wexford	20	Jnr	125	175	145	215	535	278.735

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1	1	145kg	U Dave FITZHENRY	Carlow	35	Open	141.7	270	210	270	750	376.125
2	1	145kg	U Eddie BYRNE	Coan	23	Jnr	125.6	165	115	225	505	262.752
1	1	67.5kg	E Roy SCOTT	Navan	41	M1	67.1	170	102.5	160	432.5	315.595
2	1	67.5kg	E Paul MCELROY	NI		Open	66.1	75	115	170	360	266.328
1	1	82.5kg	E Rick MELDON	UK	38	Open	82.5	270	140	235	645	399.449
1	1	90kg	E Declan MCGRATH	Galway	34	Open	83.1	220	140	225	585	360.477
1	1	110kg	E John WEST	UK	61	M5	105.3	240	152.5	260 WR*	652.5 WR*	354.438

All international are unofficial and cannot be claimed

(** drug tested; WR/ER/NR - World/European/National Records: * Age class Record/† MPF Record)

Best Lifters:

Women, equipped

1st Ann MCBRIEN: 208.0545 Points

Men, unequipped

1st Dave FITZHENRY: 376.125 Points

2nd Mark LANE: 368.78175 Points

3rd Noel Snr DUNNE: 346.647 Points

Men, equipped

1st Rick MELDON: 399.4485 Points

2nd Declan MCGRATH: 360.477 Points

3rd John WEST: 354.438 Points