

IRISH DRUG FREE POWERLIFTING ASSOCIATION
Irish Powerlifting Championships 2008
Gorey - 27/01/2008

		W.Cl.	U/E	Competitor Name		age	cat	B.W.	Squat	Bench	Deadl.	TOTAL	POINTS	
w	1	1	58.5kg	U	Orla SMITH	Cavan	40	M1	58.1	70	50	110	230	203.274
w	2	1	58.5kg	U	Joy FLEMING^	Belfast	17	T2	57.8	60 WR*	40 ER*	100 WR*	200 WR*	177.52
									65 WR*					
w	1	1	70kg	U	Sinead REDDAN	Limerick	30	Snr	63.5	92.5	65	137.5	295	241.959
w	2	2	70kg	U	Suzanne KAVANAGH^	ACE	25	Snr	66.5	80	30	110	220	173.514
w	3	1	70kg	U	Sarah FORDE	ACE	18	T3	65.7	70 WR*	40 NR*	90 WR*	200 WR*	159.38
w	1	1	80kg	U	Gillian RODDIE	Dublin	28	Snr	80	125	70	152.5	347.5 WR	239.254
w	1	1	58.5kg	E	Orla SMITH	Cavan	40	M1	58.5	107.5	70 ER*	115	292.5	257.049
									118 ER*	71 WR*				
	1	1	56kg	U	Brian FORBES	Wicklow	49	M2	55.7	127.5 WR*	92.5	167.5 WR*	387.5 WR*	341
	2	1	56kg	U	Craig O'HARA	ACE	20	Jnr	53.6	72.5 WR*	45 ER*	125 WR*	242.5 WR*	222.809
	1	1	60kg	U	Justin GAVIGAN	Rathcorke	26	Snr	58.5	112.5	92.5	172.5	377.5	315.024
	2	1	60kg	U	Shane MCQUILLAN^	Monagh	18	T3	59.1	100 WR*	100 ER*	155	355 WR*	293.124
	3	1	60kg	U	Stephen MCKEE^	Centaur	17	T2	59.9	100	80 ER*	170 WR*	350 WR*	284.97
	4	2	60kg	U	Cathal DOYLE	ACE	19	T3	57.1	95	60	170 WR*	325 WR*	278.33
	5	2	60kg	U	Christopher KAVANAGH	ACE	16	T2	58.5	75	45	120	240	200.28
	1	1/1	67.5kg	U	Scott MCCONNELL	Belfast	32	Snr/MPF	65.7	135 WR†	142.5	205 WR†	482.5 WR†	358.932
	2	1	67.5kg	U	Kieran MCKEAGNEY	Omagh	43	M1	67.5	155.5 NR	113 NR*	193 NR*	460	333.868
										115 NR*				
	3	1	67.5kg	U	Mark MCKEAGNEY	Omagh	15	T1	65.5	120 NR*	72.5	160 NR*	352.5 NR*	262.965
										125 NR*	165 NR*			
	4	1	67.5kg	U	Stuart LOWRY^	Centaur	22	Jnr	61.1	102.5 NR*	75	170.5 NR*	347.5	277.27
	1	1	75kg	U	David MARTIN	Rathcorke	31	Snr	74	165	125	220	510	342.516
	2	1	75kg	U	Dave COSTELLO	Bray	21	Jnr	73.8	160 NR*	90	242.5 WR*	492.5 NR*	331.453
	3	1	75kg	U	George CAMPBELL^	Bangor	16	M5	74.3	140 NR*	100 NR*	195 WR*	435 NR*	291.189
	4	1	75kg	U	David DEEGAN	Galway	15	T1	74.7	120 ER*	87.5 ER*	170 ER*	377.5 ER*	251.642
									130.5 WR*					
	5	1	75kg	U	James SCOTT	Navan	19	T3	73	120	85	155	360	244.404
	6	1	75kg	U	Josh BARNETT^		16	T2	74.4	130	75	152.5	357.5	239.06
	7	2	75kg	U	Jonathan MCCULLAGH^	Centaur	18	T3	70.9	110	75	150	335	232.993
	8	2	75kg	U	Patrick COSTELLO^	Wicklow	17	T2	72.3	90	77.5	150	317.5	217.265
	9	2	75kg	U	Craig MARKS	Lisburn	15	T1	72	110 ER*	60	130	300	206.01
	10	2	75kg	U	Ciaran BEATTIE^	Centaur	29	Snr	75	140	105	30	275	182.738
	1	1	82.5kg	U	John RYAN	Coan	34	Snr	81.2	225	137.5	250	612.5	383.548
	2	1	82.5kg	U	Mark LANE	England	47	M2	82.5	170	122.5	247.5	540	334.422
	3	1	82.5kg	U	Ivan JOHNSTON^	Bangor	150	M3	81.5	165 NR*	115	210 NR*	490 NR*	306.054
	4	1	82.5kg	U	John JORDAN^	Galway	22	Jnr	81.2	172.5 NR*	105	205	482.5	302.142
	5	2	82.5kg	U	Patrick BROGAN	Omagh	52	M3	82.5	150	122.5 NR*	200	472.5	292.619
	6	2	82.5kg	U	James KENNEDY^	Bangor	128	Snr	80.8	170	90	200	460	289.064

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7	2	82.5kg	U	Roy SCOTT	Navan	45	M2	75.2	150	102.5	165	417.5	276.844
1	1	90kg	U	Warren YELVERTON	Killarney	35	Snr	88.3	195	145	242.5	582.5	344.957
2	2	90kg	U	Andrew SCULLY	ACE	37	Snr	89.6	202.5	145	230	577.5	338.935
3	3	90kg	U	Ivan LYNCH^	ACE	29	Snr	89	180	100	225	505	297.597
4	4	90kg	U	Stephen ROBSON	Rathcorke	33	Snr	82.9	157.5	115	200	472.5	291.627
5	1	90kg	U	David CLEARY^	Tullamore	17	T2	83.4	160 NR*	107.5 ER*	200 NR*	467.5 NR*	287.372
											215 WR*		
6	1	90kg	U	Matthew KIRWAN	Clara	18	T3	88.9	140	100	210	450	265.365
	---	90kg	U	Finbarr O'RIORDAN	Hercules	30	Snr	89.2	145	0	0	---	---
1	1	100kg	U	Paul (Ben) LOUGHREY^**	Centaur	19	T3	100	200 WR*	137.5 ER*	273 WR*	610 WR*	337.94
								205 WR*	140 ER*	280 WR*			
2	1	100kg	U	Shaun MCLAUGHLIN	Omagh	24	Snr	97.6	187.5	135	245	567.5	317.914
3	2	100kg	U	David DOYLE**	ACE	30	Snr	97.6	210	102.5	245	557.5	312.312
4	1	100kg	U	Ryan MATTHEWS^	Centaur	20	Jnr	99.5	155	165 ER*	205	525	291.533
									170 ER*				
5	1	100kg	U	Peter LEITCH	Bearcave	44	M1	96.8	195	130	197.5	522.5	293.854
6	3	100kg	U	Paul MAHONY^	Rathcorke	28	Snr	98.1	160	125	220	505	282.245
1	1	110kg	U	James FENNELLY	Coan	24	Snr	102.2	240	165	322.5 WR	727.5	399.47
2	1	110kg	U	Laurence MCCONNELL	St. Gabriel	62	M5	100.9	226 WR*	143 WR*	235 WR*	602.5 WR*	332.52
3	1	110kg	U	Billy MEEHAN	Clara	41	M1	108	240 NR*	122.5 NR*	240	602.5 NR*	324.808
4	1	110kg	U	Jonathon CATHCART		18	T3	109.1	140	130 NR*	210	480	258.048
1	1	125kg	U	Thomas FAHERTY**	Limerick	28	Snr	123.9	252.5 NR	120	290	662.5	346.223
2	1	125kg	U	Shane O'NEILL^	Killarney	20	Jnr	113.2	190	115	240	545	290.485
3	2	125kg	U	J DOWNEY^		21	Jnr	111.2	165	140	225	530	283.603
1	1	75kg	E	Gerard SMITH	Hercules	20	Jnr	72.7	210 NR	135	240 NR	585 NR	398.502
1	1	82.5kg	E	Deasun O'DUILL	ACE	28	Snr	81.1	230	150	235	615	385.482
2	1	82.5kg	E	Mark MANDARANO	Clara	41	M1	81.7	212.5 NR*	180 WR*	207.5	600 NR*	374.1
									183.5 WR*				
1	1	90kg	E	Patrik HALAI	Hercules	31	Snr	88.9	240	172.5	250	662.5	390.676
2	1	90kg	E	Graham BLAKE^	Hercules	22	Jnr	87.9	210 NR*	132.5	210	552.5	328.13
1	1	100kg	E	James HANLEY**	Hercules	21	Jnr	98.7	245	180 NR*	245	670	373.391
2	1	100kg	E	Ken HEANEY	Galway	33	Snr	97.1	250	150	260	660	370.656
3	2	100kg	E	David FOSTER**	Galway	20	Jnr	96.8	232.5	175	235	642.5	361.342
									180 NR*				
4	1	100kg	E	Ronnie MARKS	Lisburn	51	M3	93.9	205	140	200	545	311.413
1	1	110kg	E	Mark BRANIFF^		35	Snr	107.7	230	220	250	700	377.65
1	1	125kg	E	TJ MEEHAN**	Clara	19	T3	111.2	240 NR*	150 NR*	215 NR*	605 NR*	323.736

(** drug tested; WR/ER/NR - World/European/National Records: * Age class Record/† MPF Record)

(^ indicates new member and any World/European Records are unofficial)

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Best Lifters:

Women, unequipped

1st Sinead REDDAN: 241.959 Points
2nd Gillian RODDIE: 239.25375 Points
3rd Orla SMITH: 203.274 Points

Men, unequipped

1st James FENNELLY: 399.47025 Points
2nd John RYAN: 383.5475 Points
3rd Scott MCCONNELL: 358.93175 Points

Best Teams

1st ACE
2nd Centaur
3rd Hercules

Women, equipped

1st Orla SMITH: 257.049 Points
2nd :
3rd :

Men, equipped

1st Gerard SMITH: 398.502 Points
2nd Patrik HALAI: 390.67625 Points
3rd Deasun O'DUILL: 385.482 Points

Officials

Organiser(s): Eddy O Brien

Speaker/announcer: Della Milbourne

Scorekeeper(s): Della Milbourne
Anita Mahony

Referees: Thomas Coyle
Eddy O Brien
Anita Mahony
Roy Scott
Brenda Scott
Barry Crowley
Joe Kelly
Mark Lane

Drug Tester(s): Dan Milbourne
Thomas Coyle
Roy Scott
Eddy O Brien